Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services First Choice Next: Silver 0 94% AV Plan

Coverage Period: 01/01/2023 - 12/31/2023

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-833-613-2262 (TTY 1-844-214-2471). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-833-613-2262 (TTY 1-844-214-2471) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In Network: \$0/Individual, \$0/Family Out of Network: Not Covered	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. All covered health services are covered without a deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$1,700/Individual, \$3,400/Family Out of Network: Not Covered	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, penalties for failure to obtain preauthorization for services and health care this plan does not cover.	Even though you pay these expenses they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.amerihealth.com</u> or call 1-833- 613-2262 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network</u> <u>provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)		
	Primary care visit to treat an injury or illness.	No Charge Not Covered		None	
If you visit a health care	<u>Specialist</u> visit	\$10 <u>copayment</u> /visit, <u>Deductible</u> does not apply Not Covered		None	
provider's office or clinic	Preventive care/screening/immunization	No Charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	X-ray: 25% <u>coinsurance</u> Blood work: 25% <u>coinsurance</u>	X-ray: Not Covered Blood work: Not Covered	None	
	Imaging (CT/PET scans, MRIs)	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
	Generic drugs	No Charge	Not Covered		
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	\$15 <u>copayment</u> /prescription, <u>Deductible</u> does not apply	Not Covered	Prior authorization / step therapy may be required. Covers up to a 30-day	
prescription drug coverage is available at <u>https://client.formularyna</u> vigator.com/Search.aspx?si	Non-preferred brand drugs	\$50 <u>copayment</u> /prescription, <u>Deductible</u> does not apply	Not Covered	supply (retail subscription); 31–90 day supply (mail order prescription). Cost- share shown is per retail prescription. Mail order cost-share is 2.5 times retail	
teCode=2481239244	Specialty drugs	\$150 <u>copayment</u> /prescription, <u>Deductible</u> does not apply	Not Covered	cost.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>https://firstchoicenext.com/pdf/member/forms/evidence-of-coverage.pdf</u>.

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network Out of Network (You will pay the least) (You will pay the most			
	Physician/surgeon fees	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
	Emergency room care	25% coinsurance	25% coinsurance	You pay the same level as in-network if it is an emergency as defined in your policy, otherwise not covered.	
If you need immediate	Emergency medical transportation	25% coinsurance	25% coinsurance	None	
medical attention	<u>Urgent care</u>	\$5 <u>copayment</u> /visit, <u>Deductible</u> does not apply	Not Covered	Out-of-network <u>Urgent Care</u> services are covered when network providers are temporarily unavailable or inaccessible and if the services are for an urgent condition as defined in your <u>plan</u> policy, otherwise Not Covered.	
If you have a base its latery	Facility fee (e.g., hospital room)	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
If you have a hospital stay	Physician/surgeon fees	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
If you need mental health, behavioral health, or	Outpatient services	No Charge	Not Covered	Prior authorization may be required. Covered No limit.	
substance abuse services	Inpatient services	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
	Office visits	25% coinsurance	Not Covered	Prior authorization may be required.	
lf you are pregnant	Childbirth/delivery professional services	25% coinsurance	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>coinsurance</u> may	
	Childbirth/delivery facility services	25% coinsurance	Not Covered	apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	Home health care	25% coinsurance	Not Covered	Prior authorization may be required.	

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>https://firstchoicenext.com/pdf/member/forms/evidence-of-coverage.pdf</u>.

Common		What You Will Pay		Limitations Examplians 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health needs				60 visits per benefit period	
	Rehabilitation services	25% <u>coinsurance</u>	Not Covered	Prior authorization may be required. 30 visits per benefit period for rehabilitative speech therapy; Combined limit of 30 visits per benefit period for rehabilitative physical and occupational therapy.	
	Habilitation services	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
	Skilled nursing care	25% coinsurance	Not Covered	Prior authorization may be required. 60 days per benefit period	
	Durable medical equipment	25% coinsurance	Not Covered	Prior authorization may be required. Covered No limit.	
	Hospice services	25% coinsurance	Not Covered	Prior authorization may be required. 6 months per episode	
	Children's eye exam	25% coinsurance	Not Covered	1 exam per benefit period	
If your child needs dental or eye care	Children's glasses	25% coinsurance	Not Covered	1 item per benefit period	
	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
• Abortion (except in cases of rape, incest, or when life of mother is endangered)	Dental care (Adult)	 Private-duty nursing 			
Acupuncture	Hearing aids	 Routine eye care (Adult) 			
Bariatric surgery	 Infertility treatment 	 Weight loss programs 			
Cosmetic surgery	Long-term care				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Chiropractic care	Routine foot care				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>, or North Carolina Department of Insurance, 1201 Mail Service Center, Raleigh, NC 27699-1201, Phone No. 1-800-546-5664 or 1-919-807-6750. Other options to continue coverage are available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Does this plan provide Minimum Essential Coverage?

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards?

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal c delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible\$0Specialist copayment\$10Hospital (facility) coinsurance25%Other coinsurance25%		• • • • • • • • • • • • • • • • • • • •		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 2 	
This EXAMPLE event includes set Specialist office visits (prenatal care Childbirth/Delivery Professional Set Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and b Specialist visit (anesthesia)	e) rvices	This EXAMPLE event includes set Primary care physician office visits disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucos)	(including	This EXAMPLE event includes se Emergency room care (including me Diagnostic test (x-ray) Durable medical equipment (crutche Rehabilitation services (physical the	edical supplies) es)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	Deductibles	\$0	Deductibles	\$0
<u>Copayments</u>	\$0	<u>Copayments</u>	\$200	<u>Copayments</u>	\$30
<u>Coinsurance</u>	oinsurance \$1,700		\$200	<u>Coinsurance</u>	\$500
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$1,700	The total Joe would pay is	\$400	The total Mia would pay is	\$530